Forecast For East of England
Issued by Met Office Exeter
at 0400 on Monday 01 Mar 2021

++ Valid for broadcast between 0600 and 1800

Headline:
Extensive low cloud and fog.

Today:
A dull start to the week with widespread fog. Fog will likely lift to low cloud and may clear in parts, bringing some brief bright spells later. Feeling rather cool, especially toward coasts. Maximum temperature 9 deg C (48 deg F).

Tonight:
Fog and low cloud soon reforming this evening, becoming extensive and widespread overnight, with a risk of grass frost in rural spots. Rather cold, especially in the west. Minimum temperature 1 deg C (34 deg F).

Tuesday:
Mostly cloudy on Tuesday with early widespread fog lifting into low cloud then clearing as it burns back to coasts. Some sunny spells developing, but fog reforming once again overnight. Maximum temperature 11 deg C (52 deg F).

Outlook for Wednesday to Friday:
Mostly cloudy and foggy Wednesday, with brief brighter spells. Rather cloudy initially on Thursday, perhaps with a spell of rain followed by clear, dry and cold conditions into Friday.

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